



E.M.N. - 2025/2026

	2ª FEIRA					3ª FEIRA				4ª FEIRA					5ª FEIRA					6ª FEIRA					SÁBADO				
8:00/8:40	HG1					ADULT1		ADULT2							HG5					ADULT11		ADULT12			8:10/8:50	AMA13	NL	AMA14	
8:40/9:20	HM1					2A3/2B3								HM6					2A11/2B11					8:50/9:30	AMA15	NL	2AMA10		
9:20/10:00	HM2					CMMontijo									HM7					CMMontijo					9:30/10:00	PF1	PF+1		
10:00/10:40	CMMontijo		NL	NL		CMMontijo									Desporto Escolar (10h00-11h30)		NL	NL		CMMontijo					10:00/10:30	PF2	PF+2		
10:40/11:20	Desporto Escolar (10h40-12h10)		NL	NL		NL	NL	NL	NL	NL							NL	NL		Desporto Escolar (10h40-11h25)		NL	N.Adt		10:30/11:00	PF3	PF+3		
11:20/12:00			NL	NL		NL	NL	NL	NL	NL					NL	NL	NL	NL	NL	NL	NL	NL	11:00/11:30	PF+4	PF+5				
12:00/12:30	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL					NL	NL	NL	NL	NL	NL	NL	NL	11:30/12:10	AMA16	1A15				
12:40/13:20	HG2					HM5									HG6					HM10					12:10/12:50	AMA+7	2A13		
14:00/14:30											Desporto Escolar (14h15-15h00)		NL	NL															
14:30/15:00													NL	NL										14:30/15:10	AMA17	NL	AMA18		
15:00/15:40	HM3					HG4					NL	NL	NL	NL	NL	HM8					HG8					15:10/15:50	AMA19	NL	2AMA11
15:40/16:20	NL	NL	NL	NL	NL	Col. Palmeiras	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	NL	15:50/16:30	2AMA12	NL	NL	NL		
16:20/17:00	AMA1	NL	AMA2	AMA4	NL	2AMA3	AMA5	NL	AMA6	AMA8	NL	2AMA6	AMA10	NL	AMA11														
17:00/17:40	AMA3	1A1	2AMA1	AMA+2	1A3/ 2A4	2AMA4	AMA7	1A7	2AMA5	AMA9	1A9/ 2A8	2AMA7	AMA12	1A11	2AMA9														
17:40/18:20	AMA+1	1A2/2A1		1A4/2A5		AMA21	AMA 20	1A8		AMA+3	AMA+5	1A10/2A9		1A12/2A12	1B4/ 2B12	AMA+6													
18:20/19:00	2AMA2	1B1/2B1		1A6		2A6	2B7		AMA+4	2AMA8	1B3		1A13		1A14														
19:00/19:40	2A2	2B2		2B4		2A7	2B8		1B2	2A10	2B10		2B13		2B14														
19:40/20:20	HM4					ADULT3		2B5		2B9		ADULT7		HM9					ADULT13		ADULT14								
20:20/21:00	HG3					ADULT4		ADULT5		ADULT9		ADULT8		HG7					ADULT15		ADULT16								
21:00/21:40	NL	NL	NL	NL	NL	ADULT6		NL	NL	NL	NI	ADULT10		NL	NL	NL	NL	NL	ADULT17		NL	NL							
		MC	10				MG	6					TF	16+	3=	19		NP	10										
		AA	6				RC	6					AR	19				SD	15										
		CL	6				Rub	18					PT	6															